

INTRODUCING THE NEW

# EFS-300PRO SERIES

FROM ENERGETIC FITNESS SYSTEMS





# ENERGETIC FITNESS SYSTEMS™

## SUMMARY OF THE TECHNOLOGY

The Energetic Fitness Systems™ technology creates a unique Electromagnetic (EM) field, which in turn “picks up” the frequencies of the body of the user via its redesigned technology. Those frequencies are then amplified and delivered back to the body. What makes this technology unlike any other system today is that the harmonic frequency patterns created and amplified are distinctive to each person. And these frequencies are analog, as is the human biologic system.

Research demonstrated a “turning on” or “turning up” of an EFS user’s cells. The energetic level, or field, of the body has been recorded as expanding during an EFS Charging Session and will continue to expand even after the individual shuts off the EFS unit. **The average expansion seems to be about 8.4 times (840%)** (1) during the initial usage. It then can expand an additional 10%, from that expanded point, over the next 30 minutes post EFS Charging Session. The field seems to remain stable for up to four hours before beginning to taper off and the field affects also appear accumulative with regular use.

This field can also be measured as a magnetic field that actually comes from the body during and after a charging session. So unlike all the various PEMF units that are attempting to pump the body with electromagnetic wave forms, pulsing at various frequencies, the Energetic Fitness System Technology seems to stimulate the body’s own electromagnetic system. In addition, it would seem that the inverse square law of magnetic fields does not apply to the body’s Bio Electromagnetic Field. This law states that the strength, or intensity, of a magnetic field decreases by the square of the distance from the point of origin. The body’ Bio-Electromagnetic field strength during, and after an EFS charging session, is at 100% to the end of the field which then immediately drops to zero.

The Energetic Fitness System™ technology represents a major innovation of a very old technology. Originally conceptualized by Nikola Tesla while working with George Lakhovsky in the late 1800’s, Tesla designed a crude, but functioning, version built from components assembled from limited resources of his era. Nearly all the parts were of his own design and creation.

Tesla’s theory was that it would be possible, via a unique field and delivery system, to infuse bio-compatible energy into the human body. By so doing, he believed that energetically balancing the individual would allow the body to function optimally.

Energetic Fitness Systems usage reinforces the frequency harmonics of the body’s individual cells to raise the energy levels of those cells. These increased energy levels may improve individual cellular functions, which in turn may alleviate stress optimizing the performance of the whole body.

## PREFACE

The Energetic Fitness Systems technology uses a unique form of electromagnetic waveforms to cause specified changes in the matter. More particularly, this technology deals with methods and for the creation and application of conditioned electromagnetic potentials, fields, and waves, wherein the conditioning comprises the particle signals of matter within the human body, which in turn affects the linear amplitude of the unique harmonic signals of each cell within the body's energetic system (or the body dielectric). The process entails the introduction into the body dielectric the same particle signals, via a conditioned EM potential, emitted by the body dielectric, but amplified. The formation of the desired conditioning of the induced EM potentials into every part of the body is accomplished by the highly nonlinear characteristics of the body and cellular material at every level, in every location in the body dielectric. The results of the interactions may be the increased amplitude of the unique cellular signals, thus correcting the cellular transmembrane potential, or voltage, and ultimately the cellular functions.

These EM waves and potentials emitted by the body dielectric are unique particle signals, or frequencies, and harmonic signals that make up the entire body dielectric. It should be noted here that this system is totally analog as is the body dielectric and all signals produced therein.

Every cell in a living body is comprised of these unique signals, which originate from a subatomic level. For this explanation we will begin with an atom. Every atom has a unique set of frequencies, depending on the state they are in at that moment in time. The average 165lb person has approximately  $10^{27}$  atoms in their body (2). (That is  $10^{27}$  times Y, where Y is the possible specific frequencies for each atom, as all the possible frequency signals and various combinations and amplitudes)

## TECHNICAL EXPLANATION OF THE TECHNOLOGY

Energetic Fitness System technology has been completely redesigned in light of recent findings and improvements made to components which were not available to earlier EFS units. Instead of standard high voltage, off the shelf transformers used prior, the new units are using a custom designed, high energy wave form generator. Because of this significant upgrade, we have added a switch that will regulate the output intensity of the unit, which allow for new users or for those with very low energy levels comfortable usage. The higher level setting is intended for high level athletes and those looking for a more intense charging session. These changes combined with the new Frequency Module; creates a completely new and substantially more effective signal output.

This new generator creates two opposing 3-space, EM waves, one being a longitudinal EM waveform and the other being a time polarized EM wave. When these two EM waveforms meet, they create a bio-scalar potential. One of the unique properties of these types of fields is that they will “pick-up” and/or “carry” the signal of every particle within space of the potential. This is referred to as a conditioned potential. The area of the conditioned potential is every particle within the human body, or the body dielectric.

The conditioned potential is then fed back through the system and the frequency module where the lower amplitude signals are amplified and transmitted back into the dielectric system via our custom made plasma containment vessel. This complete cycle is completed many times per second, each time adjusting for changes within the body dielectric.

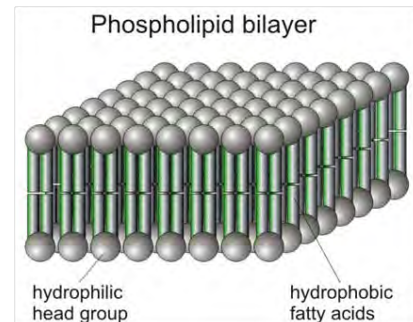
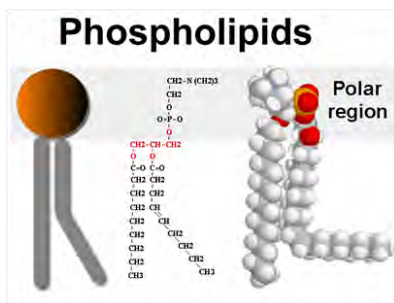
These unique waveforms may help damaged cells and gradually restore them to a previous normal condition. R.O. Becker, e.g., demonstrated that weak potentials indeed time-reversed (in biology terms, dedifferentiated) sensitive cells found within human bone marrow (stem cells), then continued to "eliminate the deltas" in the previous bone-fracture area by then redifferentiating the resulting cells into the type of cells that make cartilage, then further into the type of cells that make bone, and depositing the latter cells in the fracture site to heal the fracture. In all these rigorously demonstrated changes, the mass of the cells was also being manipulated, although Becker was unable to decipher the mechanism accomplishing that feature.

It follows that, if the EFS technology is able to collect all the frequencies within the body, amplify those frequencies and re-input these again to that body through the contact point; we are returning energy, amplified, in reverse. Specifically we are returning, back through the dielectric and to all those EM processes everywhere within the body, a set of precise counter-forces and dynamics for the ongoing forces and dynamics. If we amplify the irradiation back to that differential surface of the body, the excess energy returned to all the processes in the body will slightly amplify and potentially correct all those EM interactions ongoing in the body cells. Specifically, this process will act to eliminate the "deltas" between the present interactions and dynamics and the body's past normal interactions and dynamics.

## HOW DOES THE TECHNOLOGY AFFECT THE BODY DIELECTRIC?

The human electromagnetic (EM) field has been acknowledged by Eastern Medicine for thousands of years. The practice of acupuncture works with the body's energy and energy meridians to bring about energetic balance within the body. Most other alternative treatments are based on the body's energy fields, including herbal medicine, but especially homeopathy (which is frequently confused with an herbal supplementation chemical perspective). Sadly, much of western medicine overlooks energy medicine or even the body's own energy field, although those same doctors have no problem sending their patients for an electroencephalograph (EEG), electrocardiograph (EKG) or even a Magnetic Resonance Imaging (MRI), which all depend of the body's own EM field in order to produce results for the doctors to use for a diagnosis.

This EM field is produced by all the energy within the body. Every cell, within its makeup, has an internal battery. These batteries are made up of Phospholipids, a class of lipids that are a major component of all cell membranes and form, what is called, lipid layers. The physical structure of the phospholipid molecule consists primarily of hydrophobic tails and a hydrophobic head. The head is hydrophilic (is attracted to water), while the tail is hydrophobic (repelled by water). The head contains negatively charged phosphate and glycerol. The tail is usually two fatty acid hydrocarbon chains. In biological systems, phospholipids often occur with other molecules such as; proteins, glycolipids, and sterols in a bilayer forming the cell membrane.



Think of it another way; the head is the electron conductor and the tails are insulators. Whenever conductors and insulators are stacked, a capacitor is created, or in this case, the cellular battery. The standard way of measuring the voltage (cellular energy) of a cell is by measuring the transmembrane potential (the charge difference between the inside and the outside of the cell membrane). Although there are various ways of measurement, the most common concludes that the cellular voltage of a healthy human being is -50mV. As that number drops (or rises, as may be) the cell becomes out of balance, e.g. +35mV is considered cancerous or simply mutated or differentiated.

In order to bring the body's dielectric into a state of balance, it is necessary to bring the cellular energetic amplitude, or voltage, to the -50mV, which will in turn, redifferentiate, or transmutate those mutated cells back to normal healthy cells. The "charging" of cancerous cells does not make them grow,

but does quite the opposite. Cancer cells are simply normal healthy cells whose energy level has reduced to a point where they can no longer regulate their processes effectively. When this happens the cells grow out of control. So raising the cellular energy level of those cells cannot make it grow faster and may help them recover normal function.

In addition, when the body's dielectric system, or cellular structure, is in balance, it is better able to take in nutrients, expel wastes, expel toxins and heavy metals, fight against viruses, pathogens or parasites and is better able to mend itself and duplicate properly.

NOTE: This is a very condensed and simplified description of the human cellular battery system.

## **THE UNIQUE MAKEUP OF THE CELLULAR FREQUENCY HARMONICS**

The human body is made of atoms (2) and each atom has a very specific set of frequencies depending on the state it is in (i.e. hydrogen line; 1420.40575 MHz is the precession frequency of neutral hydrogen atoms) (3). The primary basis of an atom is that it is essentially energy. Each atom has electrons, protons, etc., and each atom has a specific frequency (those frequencies go out at least 5 decimal places, i.e. 23.18735 Hz).

For the most part western medicine and academia stops acknowledging any of these principles once two or more atoms are combined to form a molecule. Explanations are then explained from a chemical perspective with the only energetic consequences being the positive and negative polarity and the charges that are required to bind the atoms together. According to the First law of Thermodynamics: Conservation of Energy; Energy can neither be created nor destroyed. Therefore, frequencies don't just disappear because western medicine refuses to acknowledge them.

If several different atoms are combined to create a molecule, there is a combination of specific frequencies, and if a number of molecules are combined to create a part of a cell, again a combination or resonance of frequencies is formed. Combine all the various parts of a single cell; you definitely don't end up with a single, specific frequency that only goes out 2 decimal places, i.e. 32.43 Hz. Instead you have a resonance frequency spectrum of "complicated" sinusoidal waves, which measure out to at least 5 decimal places. In other words the harmonic resonance of that single cell is not digital, but analog and is made up of approximately  $10^5$  frequency signals.

## **CONCEPT OF CHARGING THE CELLULAR BATTERIES**

By now, most people have heard of "charging pads" that are used to charge cell phones or tablets, but do you know how they work? Wireless charging pads (Inductive charging pads) work on the principle of Faraday's law of induction which states: A changing magnetic flux can induce an electromotive force (EMF) in a coil. However, EMF is not a force but a potential measured in volts between the two open ends of the coil. The potential creates an electric field which drives the current in any circuit connected

to the EMF source, or in our case the coil ends. The voltage input into the inductive charging pad, along with the frequency output, determines the type of batteries that can be charged and the amount of time it would take to charge a specific battery. Not all cell phones can use these charging pads, because they have to be designed and manufactured to have that ability. These charging pads are electromagnetic pads with imbedded precise frequencies. For a cell phone to interact with this tuned electromagnetic field emitted, requires both devices be enabled and programmed to communicate with the imbedded precise frequencies.

How does this relate to the human body's cellular system? First we have established that it is an analog system and that the cellular membrane is actually a battery system. So how do we charge that system?

When we're born, we don't come with an instruction manual, nor do we come with a plug-in battery charger device. The theories of how these intracellular batteries are charged vary widely and range from eating, standing in the sun, grounding, meditating, etc., etc. However, a large part of energy required to charge the human battery system comes from earth itself, much the same way as the inductive pad used to charge your cell phone.

The earth itself emits a huge fluctuating EM field, (Please Note- This EM field also carries a multitude of frequencies). Unfortunately, that field has decreased by more than 93% over the last 3,000 years, and currently there is a magnetic void across most of the western hemisphere. (4) The natural way for the body's cellular battery system to recharge would be through induction charging with the earth's EM field. The fact that this natural energy source we have always depended upon being, is now so diminished, combined with the massive amount of manmade EMF pollution in the world today, might explain why there are so many individuals with various diseases, chronic illnesses and that are just plain tired.

Many people have tried wearing a magnet, or sleeping on a magnetic bed with short-term positive effects, but most positive affects stop within a few weeks or months. Although these do provide a magnetic field, it is not the same EM field required by the human cellular structure to compensate for the missing earth EM field. And these do not provide necessary harmonic frequency patterns that the body also needs to regenerate. There are significant differences between an electromagnetic field and a static magnetic field.

## **DESCRIPTION OF THE CURRENT TECHNOLOGY AS IT PERTAINS TO CHARGING THE HUMAN BATTERY SYSTEM**

The current technology begins with a conjugate wave EM generator, with a built in "pumping" mechanism, that creates two opposing 3-space, EM waves, one being a longitudinal EM waveform and the other being a time polarized EM waveform that are delivered to the body dielectric via a unique static field (non-current). When these two EM waveforms meet, they create a bio-scalar potential. One of the unique properties of these types of fields is that they will "pick-up" and/or "carry" the signal of every particle within space of the potential. This is referred to as a conditioned potential. The area of the conditioned potential is every particle within the human body, or the body dielectric.

When the potential is created, it becomes an instantaneous, real-time signal that, when it comes in contact with any particle, “picks up” the signal emitted from that particle, or becomes a conditioned potential. This potential goes through the entire body, being conditioned by every signal of every particle within the body. This conditioned potential then continues back through the circuit, or is pumped back along the identical pathway. As the conditioned potential passes through the technology, the various signals are recreated as static micro discharges in the resonance frequency amplification module. These micro discharges act to amplify the signals and then reintroduce them into the body dielectric. This process repeats itself more than 50 times per second, creating a continual changing and “updating” of the signal requirements.

When these amplified signals, as part of the conditioned potential, continue back through the plasma tube into the body dielectric, the amplitude of all the particles within the body dielectric will raise to their optimum levels via the law of sympathetic frequencies. This increase in amplitude is directly related to increase in intracellular voltage, which in turn may lead to increased cellular capabilities.

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